

**Job Description: Resilience Support worker, Maternity Leave, Mayo.**

***3 days per week (21 hours). Maternity Leave Cover***

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| **Job Title** | **Resilience Support worker, Mayo** |
| **Reporting to** | **ISPCC Regional Manager** |

**The Service**

The ISPCC Childline Therapeutic Support Service (Castlebar) provides a comprehensive, mobile, one-to-one support service (including out-of-hours access) to children who may be experiencing emotional and behavioural difficulties, with a focus on trauma-informed care and practice.

Each child referred to the service receives an individual assessment of need upon which a detailed intervention programme is developed. All practice is based on meeting the needs of the child and is evaluated with reference to the outcomes for the child.

**Job Details**

Overall Aims and Objectives:

* To provide a home-based support service to children which will include face-to-face, telephone and web-based counselling initiatives.
* To provide a support service to children who do not have access to other support options
* To identify and link children and young people experiencing emotional and or behavioural difficulties into targeted individual therapeutic work.
* To provide these children and young people with the necessary supports to promote psychological resilience and psychological wellbeing, regardless of social and emotional background.
* To educate, develop coping skills, improve relationships and promote positive behaviours and self-regulation.
1. To support a child to address their behavioural or emotional difficulties.
2. To provide a service that empowers children and acknowledges their rights as citizens.
3. To support parents/carers in meeting their child’s needs.
4. To offer resilience-based group work programmes where appropriate.

Duties Include:

1. To work with individual children, completing assessments and developing intervention plans to best suit their needs and strengths.
* To actively recruit, train, supervise and support a group of volunteers/mentors where mentoring is active.
* To be active in consulting children and encouraging their participation at all levels within society and within the ISPCC Children’s Advisory Committees.
1. To organise and deliver outreaches /workshops/ training sessions where appropriate.
2. To actively participate in all campaigns and events run by the society.
* To actively engage in ISPCC research projects.
* To maintain accurate and efficient records of work carried out with families.
* To evaluate the quality and effectiveness of work carried out with families.
* To be involved in community networking including CYPSC and CYPSC subgroup meetings and statutory meetings where required.
* To attend, when requested, team meetings, case conferences and other service

meetings.

* To facilitate the role of lead practitioner in Meitheals
* To be available to engage in other activities as requested by the Society.

**Personal Specifications**

**Essential: Candidates should have the following;**

**Qualification:**

* **A Level 8 (Hons) qualification in social sciences or related field.**

**Experience:**

* **A minimum of two years’ experience, of working directly with children and/or young people and/or families.**
* **A detailed understanding of community, statutory and voluntary sectors. Experience working with young people through prevention and early intervention towards building resilience, social support and self-regulation of behaviour and emotions.**

**Knowledge:**

* **Candidates must be able to demonstrate a theoretical and practical knowledge of the following: Child development, child assessment, individual programme planning, child intervention processes, and evaluating client work.**
* **Candidates must also have demonstrated therapeutic techniques and clear knowledge of children’s legislation with regard to child protection, welfare and children’s rights.**

**Ability and Attributes:**

* **Candidates must be child-centred with an ability to remain focused on the needs of children and young people.**
* **Candidates must exhibit a strong commitment to children’s rights.**
* **Candidates must be capable of working on own initiative and as part of a team.**
* **Candidates must have the ability to provide volunteer supervision and appraisals.**
* **Candidates must possess excellent communication skills.**
* **Candidates must have the ability to plan and implement individual programme plans for children and young people.**
* **Candidates must have the ability to undertake parenting work on an individual basis.**
* **Candidates must be effective at time management with the ability to oversee a number of projects at any given time.**
* **Candidates must be self-motivated and have the ability to work on their own initiative as well as work as part of a team.**
* **Candidates must be flexible and be available and willing to work unsociable hours as routinely required.**
* **Candidates must be I.T. literate and have an ability to maintain computerised client files/records.**

**Desirable:**

* **Experience of providing presentations on a small or large group setting**
* **Experience of team building and volunteer development.**
* **Experience of children’s consultation and participation**

**General:**

* **Candidates must possess a full, clean driver’s license and own vehicle.**