

Schools and Childline

by ISPCCC

Who We Are

Childline is here for all children and young people and we want to ensure they know that.

By listening, supporting, and empowering them, we strive to ensure they are better equipped to face life's ups and downs and to reach their full potential.

One in four children feel that they have no-one to turn to for support. It is crucial that children and young people can readily access services and supports whenever they need, whatever they may be experiencing or worried about.

No concern or worry is too small or too big to reach out for support.



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Our Services

Alongside our 24hr listening service, we provide Childline Therapeutic Supports, Digital Mental Health and Wellbeing programmes for children and young people experiencing low to moderate anxiety, and a library of self-help resources and topical information on [childline.ie](https://www.childline.ie).

Our listening service can be accessed by calling **1800 66 66 66** and is completely free of charge. You also have the option of using our live web chat. In 2023, Childline received approximately **2000** calls a week across Ireland from children and young people.

We rely on the crucial support from schools and crèches to continue to run our services, fundraising up to **75%** of our funds through the public. Childline is Ireland's only 24/7, 365 days a year listening service for children and young people.

Conga line for Childline

Dress up this Halloween and take on the Conga line for Childline. Take part in your school by having each child bring in €4 for Childline, dress up however they wish and on your lunch break do a Conga Line for Childline!

Don't forget to send us pictures and videos of you and your classmates playing music and getting into the Halloween spirit with a spooky Conga Line for Childline. Donate in person on the day by gathering cash or we can help you set up your fundraising page.

Receive a virtual school talk, fundraising pack and promotion on our social media for supporting Childline. Our school talks will help students in your class access support systems to help tackle issues such as bullying, abuse, anxiety etc.

If you're interested in taking part in this campaign contact Erin at erin.mceveney@ispcc.ie or call at **087 687 9895**.



Christmas Jumper Day

Join us for the Childline Christmas Jumper Day in December, on a day that suits your school or crèche! Let's get everyone in their favourite, funniest or most sparkly Christmas Jumpers to raise funds for our vital services.

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Childline Breakfast

In 2024 we'll be bringing back Breakfast! Host a breakfast in your school or crèche. Let's get everyone to come together to help raise vital funds for Ireland's national listening service for children!

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Lap and Chat

Let's get children and young people talking about their worries in your school! Sign up and receive a school talk from Childline before choosing your lap and chat date.

Pair up with a friend in your class and take a few laps around your yard, school or P.E hall. During your lap, chat about what is on your mind and what may be worrying you. And don't forget to listen to your friends worries during your lap.

Sometimes sharing your worries and chatting with a friend can help us feel better so why not take on the challenge this Spring!

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How We Can Support You

Our services to children, young people and families also include one-to-one therapeutic support services, Shield Anti-Bullying Programme, Digital Mental Health and Wellbeing Programmes, the resilience-building Smart Moves programme for children and young people making the transition from primary to secondary school and much much more.

The [Childline.ie](https://www.childline.ie) website provides information and support to children on a wide variety of topics.

Support is also available for parents and carers, through services including our Parenting Support Line and Parenting Hub. [Click here](#) to find out more.

All services are free to recipients. For more information on our services, [click here](#).

In return for your crucial support we also offer school talks to students and staff about our services. We can also promote you on our social media channels as a thank you for supporting Childline.