



# We are hosting a Childline Breakfast

and supporting Ireland's only  
24hr listening service for children  
and teenagers nationwide

**DATE:**

**TIME:**

**LOCATION:**

Life is so busy and sometimes we can forget to reconnect. Rise and Shine for Childline is the perfect opportunity to take the time to sit, listen and enjoy each other's company over breakfast. Don't forget to donate at [Childlinebreakfast.com](http://Childlinebreakfast.com)

Kindly supported by

