



Rise & Shine for Childline

Host your own Childline Breakfast at home, in your school, club, crèche, or company and support Ireland's only 24hr listening service for children and teenagers nationwide.

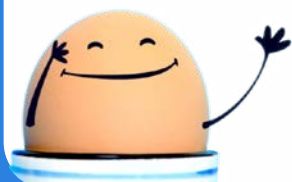
We are asking parents and guardians, teachers and caregivers, employees and employers to sit down together and have breakfast while enjoying some tasty McCambridge bread, all in aid of Childline.

Talking helps and at Childline we listen to children who simply need someone to talk to. We are there for them 24 hours a day, seven days a week. And you can help us to continue to be there with your own breakfast gathering.

So, thank you for signing up to host your own Childline Breakfast!

What now?

-  **Get everyone involved!** Ensure to send your fundraising page link to everyone participating and attending your Childline Breakfast. Or collect donations in cash on the day with the coin box supplied.
-  **Pick your date.** We recommend hosting your Breakfast during our Childline Breakfast week, 13th - 19th May. Choose a time that works for everyone. Don't forget to use your event posters to promote your Breakfast.
-  **Get your McCambridge bread!** If you're part of a school, club, crèche, or business – our amazing sponsor McCambridge will provide a delivery of bread for all employees/students/members. To get your bread, please email community@ispcc.ie or reply to our emails with your order.
-  Gather everyone involved and use the contents of this pack to **decorate** with our Childline bunting, balloons, and stickers.
-  Eat your yummy **McCambridge bread**, have breakfast with everyone involved and enjoy!
-  Once your Breakfast is over, complete your **certificate** and frame it for all to see.



Kindly supported by





Who are you supporting?

All funds raised from the Childline Breakfast will go directly towards Childline's 24/hr listening service.

Childline receive calls and webtexts from on average 2,000 children and teenagers every week. We support their needs and listen to any issues they are facing.

The well-being of children across Ireland is our number 1 priority! To ensure we can be there for every child who contacts us, we need your support.

Children's issues range from family relationships, mental health, emotional health, friendships to abuse and sexual assault. No matter what the issue is, we are here for every child, at all times.

Checklist:

Select date, time, and venue

Send your invites

Gather donations

Promote your Childline Breakfast event

Organise food

Put up decorations



Kindly supported by

