



National
Lottery



cmethb
Best Education for All
at all Levels and All Abilities
Cities and Monaghan
Education and Training Board



An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Oige
Department of Children, Equality,
Disability, Integration and Youth

ispcc

MONAGHAN ISPCC PROJECT

The Monaghan ISPCC Project, funded through UBU is a youth centred service operated by the ISPCC who engage young parents up to the age of

24 years.

The project works on an ethos of voluntary participation, where each individual is respected and valued. The aim of the project is to support young people who have identified needs and may be experiencing challenges or adversity in their lives to help them reach their full potential in a safe, supportive and engaging environment.



How will this be achieved?

This will be achieved through weekly individual session interventions that build confidence, resilience, relationships and life skills, the interventions are co-designed in partnership with young people. Through a strengths based assessment utilising trauma informed care, the resilience support worker will create an individualised programme plan together with the young person. This focuses on the goals and outcomes to be achieved and agreeing on the steps to success.

We provide a range of services for young people including: One to one strengths based and needs led tailored support, Advocacy, Group work and outreach. Through the various programmes of work the young people are supported with:

- Communication skills
- Confidence and agency
- Planning and problem solving
- Relationships
- Creativity and imagination
- Resilience and determination
- Emotional intelligence

THE MONAGHAN ISPC
PROJECT WORKS WITH
YOUNG PEOPLE ACROSS
CO MONAGHAN AND OPERATE
ON A MOBILE SERVICE BASIS
MEETING THE YOUNG PERSON
WHERE THEY ARE
HAPPY TO MEET.

Who can Refer & How?

Referrals are accepted from young people and parents along with professionals working alongside young people from Co Monaghan.

CONTACT

If you are interested in making a referral or finding out more about this service please contact the below:

Bridgin McMahon on mobile: 087 388 0815
Email: bridgin.mcmahon@ispcc.ie
Karen Smyth on mobile: 0876128487.
Email: karen.smyth@ispcc.ie