

# **Job Specification**

Job Title: Childline Therapeutic Support Worker, Dublin

Working Week: 4.5 days (flexible on chosen days)
Contract Length: Fixed Term, Subject to Funding

**Location:** Dublin (Dun Laoghaire Head Office- Hybrid Working)

### **About Us**

ISPCC are proud to be recognised as a **Best Place to Work 2025** by the **Sunday Times Ireland.** We are committed to creating a fantastic workplace culture and environment for our employees to empower them to create better, happier, safer childhoods for the children of Ireland.

### **The Service**

The Childline Therapeutic Support Service provides a comprehensive, mobile one-to-one support service for children aged 8 - 18 who may have adverse or traumatic experiences in their lives, with a focus on trauma informed care and practice. Each child referred to the service receives an individual strengths-based assessment, upon which a bespoke intervention programme is developed. All practice is based on empowering the child to reach their goals and is evaluated with reference to the outcomes for the child.

## Overall Aims and Objectives:

- To provide a mobile support service to children aged 8-18 years, which will include face-to-face, and web-based therapeutic support (E-Support).
- To identify and link children and young people experiencing emotional and or behavioural difficulties or presenting with welfare concerns into targeted individual therapeutic work provided face to face or online.
- To provide children and young people with the necessary supports to promote psychological resilience and wellbeing.
- To educate, develop coping skills, improve relationships and promote positive behaviours and self-regulation.
- To support a child experiencing behavioural or emotional difficulties.
- To provide a service that empowers children and acknowledges their rights as citizens.
- To support parents/carers in meeting their child's needs.

#### Job Details

- To work with individual children, aged 8 up to 18 years.
- To facilitate groupworks with young people and parents.
- To be active in consulting children and encouraging their participation at all levels within society and within the ISPCC Children's Advisory Committees.
- To organise and deliver outreaches /workshops/ training sessions where appropriate.
- To actively participate in all campaigns and events run by the society.
- To actively engage in ISPCC Childline research projects.
- To maintain accurate and efficient records of work carried out with families.
- To evaluate the quality and effectiveness of work carried out with families.
- To be involved in community networking including CFSN, CYPSC and CYPSC subgroup meetings and statutory meetings where required.
- To attend, when requested, team meetings, case conferences, Meitheals, and other service meetings.
  - To work with colleagues to support the delivery of the ISPCC Childline Strategy.
- To be available to engage in other activities as requested by the Society.

## **Personal Specifications**

# Essential: Candidates should have the following; Qualification:

• A third level (level 8) qualification in social sciences or related field.

## **Experience:**

- A minimum of two years' experience, of working directly with children and/or young people and/or families.
- A detailed understanding of community, statutory and voluntary sectors. Experience working
  with young people through prevention and early intervention towards building resilience,
  social support and self-regulation of behaviour and emotions.

## **Knowledge:**

- Candidates must be able to demonstrate a theoretical and practical knowledge of the following: Child development, child assessment, individual programme planning, child intervention processes, and evaluating client work.
- Candidates must also have demonstrated therapeutic techniques and a working knowledge of children's legislation with regard to child protection, welfare and children's rights.

### **Ability and Attributes:**

- Candidates must be child-centred with an ability to remain focused on the needs of children and young people.
- Candidates must exhibit a strong commitment to children's rights.
- Candidates must be capable of working on own initiative and as part of a team.

- Candidates must have the ability to provide volunteer supervision and appraisals.
- Candidates must possess excellent communication skills.
- Candidates must have the ability to plan and implement individual programme plans for children and young people.
- Candidates must have the ability to undertake parenting work on an individual basis.
- Candidates must be effective at time management with the ability to oversee a number of projects at any given time.
- Candidates must be self-motivated and have the ability to work on their own initiative as well as work as part of a team.
- Candidates must be flexible and be available and willing to work unsociable hours as routinely required.
- Candidates must be I.T. literate and have an ability to maintain computerised client files/records.

### Desirable:

- Experience of working therapeutically with children and young people online.
- Experience of providing presentations on a small or large group setting
- Experience of team building and volunteer development.

### General:

• Candidates must possess a full, clean driver's license and own vehicle.

Applications to Recruitment@ispcc.ie by 30th September 2025.